



*Ananta...Ek Yatra*

# DR PALLAVI KWATRA



Through a rich set of life experiences, Dr Pallavi Kwatra has been wandering through the matrix of time as a plethora of identities and connotations. Barely making any of her experiences as her personal insignia, and yet having sipped of them all, she remains a gay human who would rather remain happily lost in the maze of the discovery of the awe of life rather than an intended arrival. An Anesthesiologist by profession, she is dumbstruck at how the paradoxes are a part of every possible truth and how one can simply remain in the essence of simple beingness without the donning on of any specific identity.

Her near-death experience in 2010 sparked off her quest which has taken her to many spiritual teachings, teachers, and experiences. She has devoutly practised Buddhism, Yoga, Reiki, Tantra and Advaita and yet at the end of it all, she remains in her momentum of being. Her literary, intellectual, digital and experiential perceptions take shape in her twelve books, websites, Taber Publishing, Saans organic and spiritual mart & Adhyatmik Charitable Trust.

## Books by Dr Pallavi Kwatra:

1. Be love: An anthology of love poems and couplets.
2. Musings of the awakening soul: 108 poems in a pictorial anthology.
3. Sajda: 108 pictorial couplets
4. Niyaz: Pictorial couplets
5. 9 months: From involution to evolution.
6. Shambhavi: The Shakti archetypes
7. When silence speaks
8. 1000 Sacred Avatars of Shree Lalita Tripurasundari
9. Shiva Shakti Talks
10. The Holy Hiatus: An Anthology of Word & Art
11. Uncaged: A Teen Anthology
12. Ganesha & His 32 Forms

## Websites:

1. [www.drpallavikwatra.com](http://www.drpallavikwatra.com)
2. [www.myramanamaharishi.com](http://www.myramanamaharishi.com)
3. [www.saansmart.com](http://www.saansmart.com)
4. [www.taberpublishing.com](http://www.taberpublishing.com)

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# SAANS MART : ORGANIC & SPIRITUAL STORE



"SAANS" as the word suggests, is the breath/vital Prana Shakti that makes the possibility of life in its full exploration. Without breath, there can be no life. Thus, through SAANS we endeavour to make a small effort to contribute to Wellness and wellbeing in our worlds.

Saans, as a collaboration, aims to facilitate networking for being able to create, sell, or promote brands & high-quality products. Through marketing, product listing, networking, and facilitating an e space, SAANS enables all those who are creating their Wellness products to reach the masses. At the same time, enabling those who seek to make use of such services to discover, reach out, and utilize what is being offered.

SAANS is an initiative to bring Organic Living & Spirituality to all by making available to them branded and high-quality products at their doorstep with a secure payment process and ensuring aesthetic and high potency living ambiances. At SAANS, the buyer can explore many brands and products of spirituality and organic products under one large umbrella and have a huge choice to make.

Saans will showcase Organic Products like Organic Foods, Organic Beauty products & Organic Health supplements to assist its customers in moving towards a healthy living. Spiritual Products like Books, Paintings, Sculptures, Pooja materials, Healing Devices, Astrological solutions, etc. are all available to choose from this hypermarket as per the beliefs, choices, and spiritual temperaments.

Also, a major proportion of all purchase profits will be contributed to a spiritual community building and social and philanthropic initiatives by our co affiliate: ADHYATMIK CHARITABLE TRUST. So not only does the buyer benefit by being able to access the spiritual products but also the money he spends is channelled for a great humane cause that serves the masses at the charitable trust.

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# TABEER PUBLISHING (A UNIT OF SAANS SOLUTIONS LLP)



"Tabeer" essentially means the manifestation of a dream. For an author, his book is a dream which blossoms and fructifies as a published book at the end of its journey. At Tabeer, we earnestly endeavour to co-participate in this dream fulfilment by facilitating the various steps of a book publishing, seamlessly and successfully.

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# ADHYATMIK TRUST



***"Great things are not done by impulse, but by a series of small things brought together."***

This great saying by TS Eliot is the reminder that when like-minded people meet and work together, great and monumental works can be done. Adhyatmik Charitable Trust is also one small step in that direction. The intention is not to walk a thousand steps for one person but for one thousand of us to walk one step each. Each one of us is precious and brings to this world something unique to offer for its betterment and wholeness. Not being big or small, we all have our roles to make this world a more viable, compassionate and purposeful planet.

Wellness and spirituality go hand in hand and there are many people, brands, organizations that are working in various genres in these areas. Their interlinked works are complementary to the global evolution of human beings. By working together they can multiply their offerings and create a wholesome concept of **"Good for all"**

Adhyatmik Trust is a Charitable trust that bases itself in the core principles of Hindu philosophy that wombs from compassion for all beings and fellow men.

***"Lokas-samastah sukhino bhavantu", meaning "Let the entire world be happy."***

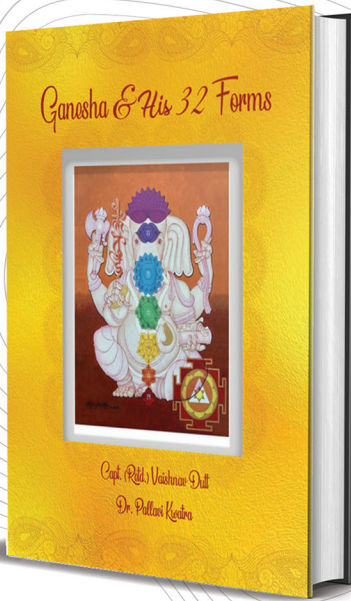
Let's join hands to manifest a world of love, prosperity & joy for all.  
In reverence and spirit of service,

**TEAM ADHYATMIK TRUST**

<https://www.facebook.com/Adhyatmik-Charitable-Trust-114259270266743/>

Mail us at  
adhyatmiktrust@gmail.com

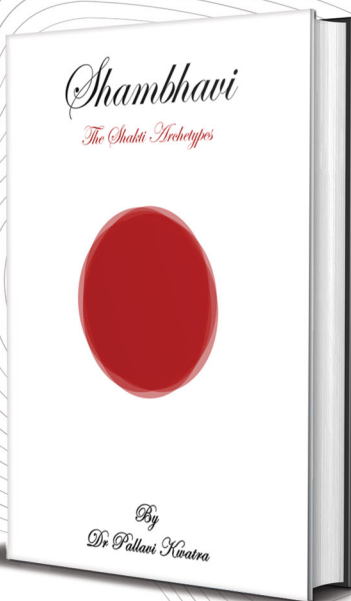
## Ganesha & His 32 Forms



Ganesha & His 32 forms is a unique book on the beloved deity Ganesha. The book is a colorful treat to the reader who is keen to discover Ganesha in all meticulous details and devotion. With 400 pages of fully colored content and approx 60 colored images, the book envisages stories, offerings, rituals, myths, tales, temples, consorts, and all 32 forms of Ganesha in deep soulful and informative recordings. The 32 forms have never been described in so much detail before this and in so much celebration as they are in this book. May Ganesha bring opulence and blessings to all readers of this book!

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## Shambhavi: The Shakti Archetypes



"Shambhavi" literally means the one who belongs to Shambhu or shiva .she is Shakti...shiva's consort. Shakti is also the current of Kundalini that lies dormant at the base of the spine and ascends up through the sushmana (central energy column) to be in benevolent union with her Shiva at the sahasra chakra. She is the dynamic element in this coupling as Shiva is the sthira (still) one.

# Shiva Shakti Talks

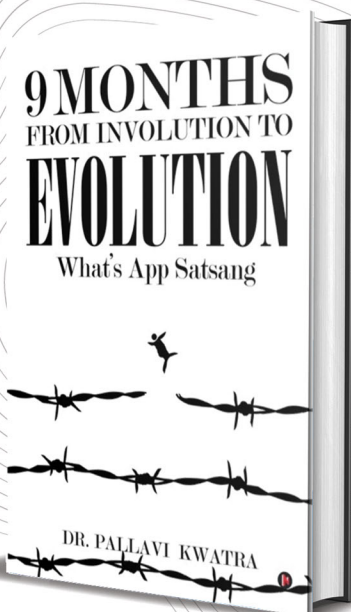


The orgasmic maithuna (sacred sexual ritual of union) between the Inner Shakti and Shiva finds expression through these 112 set of talks between them. Enticing, illuminating and full of rasa.... They bring the reader to be inspired to search with-in and have his own such interactions.

Free from the bigotry of duality, these talks are an impressum of the voices within us bringing us to new perceptions of a global and wholesome self that we essentially are. May you enjoy the Sambhoga!

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## 9 Months: From Involution to Evolution: What's App Satsang

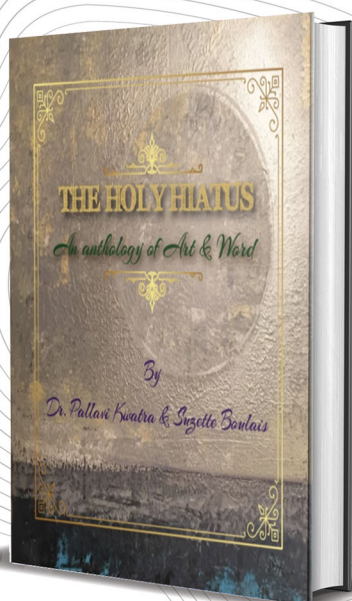


Nine months: From involution to evolution is about a group of friends who get together from different parts of the world to try and find answers for questions that have been left unanswered for a long time. Intense discussions were held for over nine months which brought forth the age old wisdom, mixed with scientific ingredients and garnished with the practicality of modern times.

This kaleidoscope of thoughts evolves into a perfect cocktail of scientific spiritualism. This book is for all the 'dreamers' and 'seekers' of this world. You are not alone in this journey.



# The Holy Hiatus - An Anthology of Art & Word

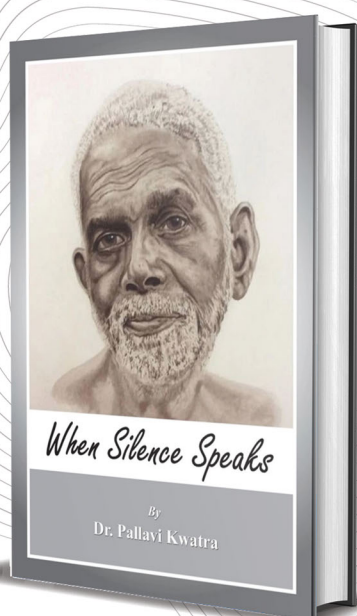


THE HOLY HIATUS...An Anthology of Art & Word is a collection of 100 fusions of word and abstract art that finds its expression as a voice of the silent nothingness its author's experience and channel through their artwork and written words. The work is inspired to be shared to trigger the reader to explore the abyss of one's own true self where one exists as an immutable, ever-present void.

Suzette's art blends and dissolves into Pallavi's words and vice versa as they thread these compendiums into this book. The art and word mirror themselves on each other and hope to reveal the reader to one's higher self.

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## When Silence Speaks - Bhagwan Ramana Maharishi



Beloved Bhagwan has been a forte for the self ever since my first encounter with the penetrating eyes of wisdom-compassion. He brings me to ground zero state of neutral nothingness and even though many connect to him in unique ways, for me; he has been the Heart incarnate. Out of his many famous quotations, I have made a humble endeavor to design 101 digital compositions and compile them here.

**Om Namo Bhagwate Shree Ramanaya**

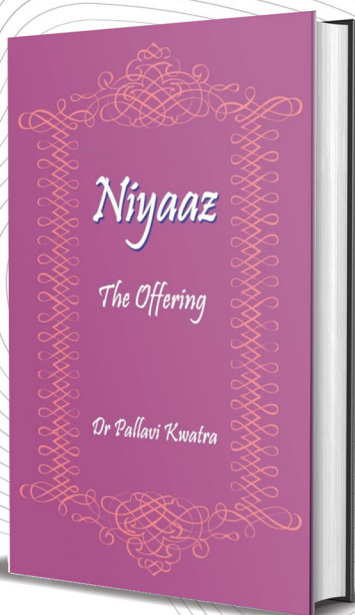
# Musings of the Awakening Soul



The book is a photographic and poetical Sabbath of a spiritual seeker's journey which takes him across landscapes of his own self, unfolding a new hue of colors and projections as he travels by. The various ecstasies, challenges, mystical experiences, dilemmas and realizations outburst from his persona at different points on his time line and make him eligible to become a wholesome and enlightened human being. Through 108 poems (each accompanied by a pictorial depiction), the book is a mirror for every seeker who can laze in these reflections and then allow his own discovery to unfold magically. The poems are classified under several headings to give a structure and flow to the projections.

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## Niyaaz

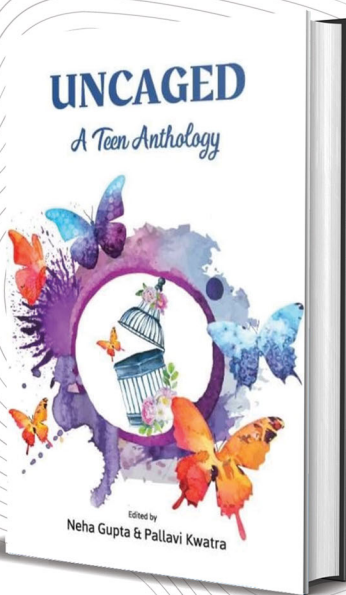


Through the medium of images and couplet poetries, Dr Pallavi Kwatra adorns on herself an insignia of love...For her, there is no other god and nothing to stand for in life other than love...As the brand ambassador of this love, she has sewn up these shreds of inane words and imagery to cast the spell of love on all those who read this compilation.

NIYAAZ, essentially means an offering. Her whole being has been laid at the altar of love where she stands consumed. Ignite yourself to the same fire as you follow the beats of your heart. In this consumption, you will alight upon the much sought after Gods.



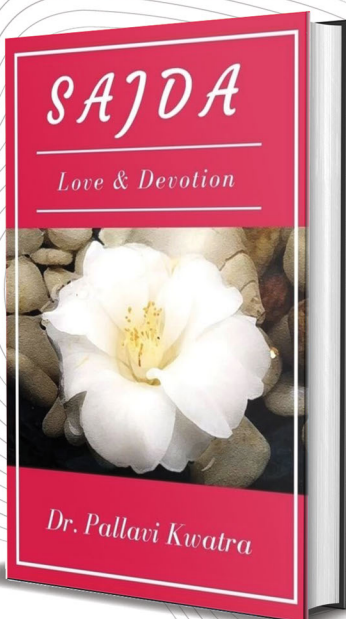
# Uncaged - A Teen Anthology



Uncaged is a collection of splendid poems from the fresh perspective of our dynamic youth. This book stands as a new platform of expression where talented youngsters have showcased their unique creative potential through the medium of poetry.

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## Sajda

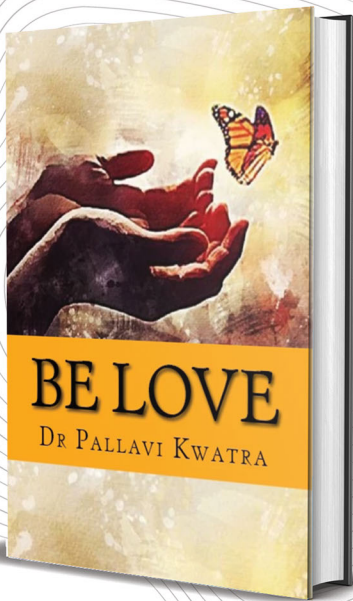


Sajda - The guru is an emblem of the quantum truth. Like a mirror, throwing one back at oneself, again and again...the guru is an antidote to delusion and illusion.

Sajda is a collection of 108 images and couplets that interweave in spirit and relay the various ways that a seeker perceives the guru. In a compilation of word and forms, Sajda is an offering of love and pure devotion.

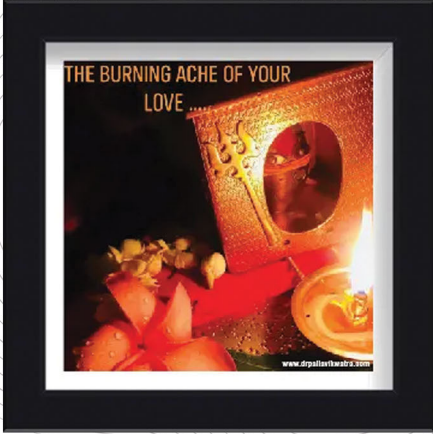


# Be Love



Love is all there is to this world which makes it what it is. Without it, the rest never makes sense. Using love as a tool for self-realization, the author of this book indulges in it with devotion to bringing to light this simple and holistic technique to know the self. The beloved though appears as a separate entity is a bridge between the soul self and its divine reflections. Through the medium of poetry & couplets, Dr. Pallavi Kwatra renders her heart naive to the brevity of love. This journey must land her to where it all began, her own heart. Dr. Pallavi's life crystallized into an incarnation of grace when love became her guiding light and her spiritual insignia. Travel on to journey with her to the depths of your own heart and uncover its treasures in tenderness and awe.

# Bhakti



Devotion is not a frail limp quality but has a subtle strength. Like flowing water over stones erodes them, the continuous practice of devotion can move mountains. It has a subtle power:

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## Bindu Mandal Vasini



Her grace makes one eligible for pleasure and joy in this world and ensures liberation for the soul after its exit. She is the portal to the beyond and can be tapped using regular chantings of Lalitasahasranama

## Ganpati



Oh god with a curved trunk, the large body whose aura is like a light of many suns, please make my entire work obstacle-free, forever? ? He can be tapped for buddhi, siddhi, and prosperity and is ever anxious to clear our path in all our endeavors.

## Hladini



Srimati Radharani is the embodiment of Sri Krishna's svarupa shakti. She has each and every excellent quality and is the presiding Deity for all opulence.



# Hreem



Hreem is a mantra of magical force, captivation, and empowerment. It can be used relative to any deity or object whose presence we wish to access at the level of the heart. It brings about joy, ecstasy, and bliss.

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# Klim



Klim is the beeja for Kaali Goddess. Kali is the first of the Dasamahavidyas and is a fierce form of compassionate Goddess. She enables one to transcend time and slaughter the ego attachments to this world.

# Narayani



NARAYANI is the consciousness of all abundance, auspiciousness, beauty, and bliss. She is SHUBHMANGALI (The one who brings auspiciousness) & brings good fortune, prosperity, and fame.

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# Shree Yoni



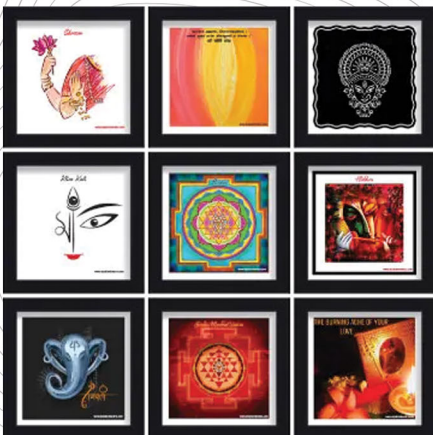
Considered as the highest form of worship, the Yoni Pooja has the potential for offering Mukti to the saadhak while still alive and enjoy this life in all its rasas (flavours)

# Shreem



Lakshmi represents both material and spiritual prosperity, so her Shreem mantra is one of the most popular of all mantras. It is also chanted for a successful married life, success in business, healing and harmony and happiness.

## Spanda Digital Archives

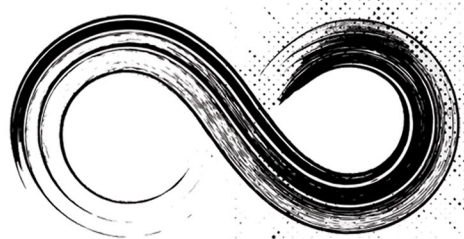


Get all the Photo Frames by Dr. Pallavi Kwatra: Ganpati, Narayani, Shree Yoni, Shreem, Hreem, Klim, Hladini, Bindu Mandal Vasini, and Bhakti

Welcome to the SPANDA DIGITAL ARCHIVES which is a colorful collection of 9 designs that portray SHAKTI in her spectrum. Each mandala has been made with a unique energy signature of the Goddess and one can choose what one vibrates with most. Whatever the choice?.she manifests herself THUS.

You can also buy them individually.





## *Ananta...Ek Yatra*

ANANTA is the infinite consciousness womb from which existence unfolds continuously and consistently. This is an ongoing Yatra (journey) of a soul discovering itself anew through its various identities, roles and forms.

Explore the various unfoldings of Dr Pallavi Kwatra as she is on a Yatra to her Ananta and celebrates it!